

About the Sponsors

Life Navigators supports kids and adults with disabilities and their families to live, work, and fully participate in our community. Services include information and assistance, consumer and professional trainings, long-term care services, a special needs trust program, self advocacy and self protection programming, educational advocacy, futures planning and corporate guardianship as well as social and community outings. For more information call (414) 774-6255 or visit www.lifenavigators.org

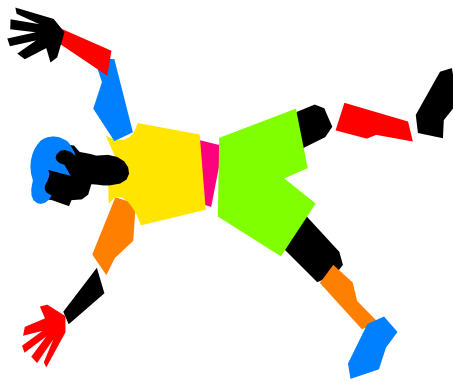
Autism Society of Southeastern WI supports people with autism spectrum disorders, their families, professionals and others by sharing information, supporting research, providing networking opportunities and increasing awareness about autism through education and training. For more information call (414) 988-1260 or visit www.asew.org.

Down Syndrome Association of WI supports families and individuals with Down syndrome through education, information, and shared experiences. They offer special events that bring families together, education for members and professionals, family matching services and support for new families. For more information visit www.dsaw.org or call (414) 327-3729.



TC Services

209 N. Spring Street
Port Washington WI 53074
www.ferricouwenhoven.com



2019

PUBERTY WORKSHOPS

For Pre-Adolescents with Cognitive Disabilities



Sponsors:

Life Navigators
Autism Society of SE WI
Down Syndrome Assoc. of WI

About the Presenter

Terri Couwenhoven MS is a Certified Sex Educator (CSE) and author who specializes in designing and implementing sexuality programs and materials for people with intellectual disabilities, families and professionals. Her puberty workshops help families learn together in a comfortable, safe, and fun environment. Concrete teaching methods (videos, slides, pictures, games, activities) are used to improve comprehension and help parents become more comfortable and confident helping their children understand body changes, self care, and appropriate social behavior. For more information visit www.terricouwenhoven.com.

Workshop for Boys

This two-hour workshop is designed for parents and their sons ages 11-14. After attending, boys will be able to:

- ★ Describe the physical and emotional changes that happen to boys during puberty
- ★ Identify social and safety rules related to private body parts

DATE (pick one date)

Sat. September 7th 12:30-2:30 PM

OR

Sat. September 14th 12:30-2:30 PM

Workshop for Girls

This two-part program is designed for mothers and/or other significant female adults and their daughters ages 10-14.

After attending the workshop participants will be able to:

- ★ Describe the physical and emotional changes girls experience during puberty
- ★ Use feminine hygiene products correctly
- ★ Identify social and safety rules related to private body parts

DATES (attend both dates):

Saturday, September 7th 9:00-11:00 AM

AND

Saturday, September 14th 9:00-11:00 AM

Program Location:

Children's Hospital - Corporate Center
Education Classroom Room 215
999 N. 92nd Street
Milwaukee, WI



Directions:

Take I-94 to Hwy 45 North. Exit Watertown Plank Ave. and go East to 92nd Street (2nd stoplight). Turn right on 92nd St. and continue to stoplight at Connell Ave. Head West on Connell (away from the Children's Hospital building) and enter the "Staff Parking" gate on your left. Press the red button and announce the name of the class in the intercom. Park in the structure and enter building on second level.

Registration Information

Mail to: TC Services
209 N. Spring Street
Port Washington, WI 53074

Phone: (262) 284-5043

Email: tcouwen@execpc.com

Name (adult): _____

Name (child): _____

Age of child: _____

Address: _____

City: _____

State: _____ Zip: _____

Phone: _____

Email: _____

Male Program: _____ (list date)

Female Program: _____

Payment & Fee

Male workshop- \$ 30.00

Female workshop- \$45.00 (2 parts)

The cost of this workshop includes light refreshments and all handout materials. Send payment and completed registration form to the above address. Class size is limited to 12 parent/child couples per class. Registrations accepted on a first come, first serve basis.